

STATE PARKS

www.nysparks.state.ny.us | State Parks have spectacular scenery along creek gorges; Open seasonally; Parking fees (\$6.00 or seasonal passes); Signs and information, bathrooms, swimming & camping available.

Buttermilk Falls State Park 273-5761 | Location: Lower Buttermilk at Rte 13 S at Ithaca City/Town Line; Upper Buttermilk at _____; Trails: Hiking - 4 _____ miles; Rough paved and gravel surface; gradient varies - flat to steep, many steps. **J**

Robert Treeman State Park 273-3440 | Location: Lower Treeman - Rte. 13S/Rte. 327 (S. of Ithaca); Upper Treeman - Rte 327, 2 miles west of Lower Treeman. Trails: 8 1/3 miles; Rough paved and gravel surface; gradient varies - moderate to steep, many steps.

Taughannock Falls State Park 387-6739 | Location: Rte 89 N of Ithaca. Trails: 5 _____ miles; rough gravel surface; gradient varies, flat to steep. _____ mile trail to falls relatively flat.

STATE FORESTS

753-3095 ext. 247 (NYS DEC) | State forests are rugged, hilly lands with dirt roads and natural trails suitable for hiking, biking, cross country skiing and other non-motorized recreation. Hammond Hill is the most popular site for mountain biking and has formally marked trails, a map and a kiosk. All others have minimal facilities. An unofficial map of Shindagin Hollow for mountain biking exists - contact Cayuga Ski & Cyclery. No fees. Leashed dogs allowed.

Connecticut Hill State Wildlife Management Area
Location: Connecticut Hill Road. Trails: 17 + miles

Danby State Forest
Location: Connecticut Hill Road. Trails: 17 + miles

Hammond Hill State Forest
Location: Hammond Hill Road, Dryden. Trails: over 10 miles

Shindagin Hollow State Forest
Location: Connecticut Hill Road. Trails: 17 + miles

Yellow Barn State Forest
Location: Connecticut Hill Road. Trails: 17 + miles

Arnot Forest 589-6095 www.dnr.cornell.edu/arnot
Location: County Rd. 13, Van Etten

MULTIUSE TRAILS

The following trails are all relatively short and easy, ideal for family outings, pleasant strolls and fitness activities. All allow leashed dogs and bikes. No fees.

Cayuga Waterfront Trail www.cayugawaterfronttrail.org | Location: Rte 89 at Cass Park | Trails: 2 miles (2004) Paved surface | Bathrooms, signage, maps, parking. **A**

Dryden Lake Park Trail 844-8619 (town of Dryden) | Location: near Agway on Rte 13, and Dryden Lake Park, and Willow Crossing in the town of Harford | Trails: 4 miles, hard-packed gravel | Bathrooms, parking, signage.

East Hill Recreation Way 273-8035 (City of Ithaca) | Location: Maple Avenue and Game Farm Road | Trails: 2.2 miles | Oil and stone surface.

South Hill Recreation Way 273-8035 (City of Ithaca) | Location: Hudson Street, handicapped access off Crescent Place, also Burns Rd., Coddington Rd., Juniper Drive. Trails: 2.9 miles. Oil and stone surface, easy to moderate. Parking. **G**



MISC. SITES

Newman Golf Course 273-8035 (City of Ithaca) | Location: Linn Street & University Ave. Trails: Stone steps and gravel, steep. Parking on street. No fees. **B**

Stewart Park 273-8035 (City of Ithaca) | Location: Linn Street & University Ave. Trails: Stone steps and gravel, steep. Parking on street. No fees. **C**

Fall Creek 273-8035 (City of Ithaca) | Location: Linn Street & University Ave. Trails: Stone steps and gravel, steep. Parking on street. No fees. **D**

The Commons 273-8035 (City of Ithaca) | Location: Linn Street & University Ave. Trails: Stone steps and gravel, steep. Parking on street. No fees. **I**

NATURE TRAILS

The following sites offer varied trails in natural settings suitable for hiking but NOT biking.

Cascadilla Creek Gorge 273-8035 (City of Ithaca) | Location: Linn Street & University Ave. Trails: Stone steps and gravel, steep. Parking on street. No fees. **E**

Cayuga Nature Center 273-6260 www.cayuganaturecenter.org | Location: Rte 89 N. of Ithaca. Trails: 5 miles, woodchip surface. Easy. Bathrooms, signage, maps, parking. No dogs. Fee.

Cornell Plantations 255-2400 www.plantations.cornell.edu | Location: Cornell Plantations Gift shop, and others | Trails: 7 miles interconnected trails, varied surfaces. Bathrooms, signage, maps, parking. No fee.

Finger Lakes Trail: Abbott Loop www.fingerlakestrail.org | Location: Michigan Hollow Road, 2.4 miles south of the village of Danby. Trail: 7.5 miles. Earthen surface. Variable grade with steep sections. Maps available and recommended. Blazed trail.

Sapsucker Woods / Lab of Ornithology 254-BIRD www.birds.cornell.edu
Location: Sapsucker Woods Road off Hanshaw Rd. Trails: 4.2 miles, wood chip surface. Bathrooms, signage, maps, parking. No dogs.

Six Mile Creek Gorge/Mulholland Wildflower Preserve 273-8035 (City of Ithaca) www.cityofithaca.org | Location: Giles Street Trail: Earthen trail, varied grade, some steep. Dogs on leash allowed. Parking. **H**

ON ROAD CYCLE TOURING ROUTES

www.ficycling.org | See the Fingerlakes Cycling Club website for route details.

The Lansing Rolling Ridge Route Salmon Creek and Pleasant Valley (see the ficc route Cayuga Plaza to Moravia - 36 miles)

The Long Valley Ride Coddington and Whitechurch Road (see the ficc route White Church - 27 miles)

The Pleasant Vista Ride Dubois, Willow Creek and Route 89 (see the ficc route Cass Park to Taughannock Overlook - 20 miles)

The Gorges Ride Enfield, Trumbulls Corners and Route 327

SPECIALTY TRAIL

Discovery Trail www.discoverytrail.net | Not a hiking trail, but rather a series of cultural attractions to visit. Includes the Sciencenter, The Cayuga Nature Center, Herbert P. Johnson Museum of Art, Cornell Lab of Ornithology, Cornell Plantations, Museum of the Earth at PRI, Tompkins County Museum, Tompkins County Public Library.