

Finger Lakes Cycling Club
Ithaca, NY



Hollenbeck's Spring Classic Road Race

(USCF permit pending)

Sunday May 2, 2010

- 22 mile loop with 1,200 feet of climbing, two major climbs. A 23 tooth is recommended.
 - Race starts at Hollenbeck's Cider Mill, Route 392, Virgil, NY (3 miles west of Greek Peak Ski Resort). Approximately 5 miles southwest of Cortland and 15 miles east of Ithaca. Finishes up Van Donsel Road across from Cider Mill.
 - **Pre-register via <http://www.bikereg.com/events/register.asp?eventid=10418>**
- Registration from 8:00 to 9:30am on day of race. \$15.00 for preregistration, \$20.00 day of race, \$12.00 for juniors (Cat 5 license fee not included).
- Race starts at 10:00am. LAJRS event for 15-18 juniors (males w/ Junior field, females w/ W 4 or W 1/2/3) and 19-22 espoirs (race in their category). Rollout required for all juniors. See **www.jru23cycling.info** ANSI approved helmet required for all races. Race promoter reserves the right to combine fields or change distance depending on weather and turnout.
 - Prize money (\$15.00 return of entry fee) for first three places in each category. If fewer than 10 in category, payout to top 2 places. No payout for tandem. Food (famous cookies!) and refreshments provided for all riders and volunteers. T-shirts or water bottles for race volunteers.

Category	Mileage
1/2/3	66
3/4	44
WOMEN 1/2/3	44
Cat 4/5	22
MASTER 35+	22
TANDEM	22
WOMEN 4	22
JUNIOR	22

For more information, contact: Sara Barker, sb65@cornell.edu
607-254-2465(w), 607-539-6594(h)--please no calls after 9:00pm
www.flcycling.org/flcc/racing